

**Scientific Program**  
**NAMS Regional Symposium on Emerging Epidemic of**  
**Obesity: Causes, Concerns, and Consequences**  
**Chairpersons**

*Prof.J.S Bajaj*

*Dr. Sanjeev Misra*

**12<sup>th</sup> March 2015 (Thursday)**

**Registration** : 08.00am - 08.30 am

**Pretest assessment** : 08.30 am- 9.30 am

**Inauguration** : 09.00 - 09.30 AM

Time	Topic	Speakers
<b>Epidemiology and pathogenesis of Obesity: Basic concepts</b>		
<b>09.30-09.55</b>	Epidemiologic and demographic determinants of emerging Epidemic of obesity	<b>Dr. Prema Ramachandran</b>
<b>10.00-10.25</b>	A 2014 portrait of adipocyte: Role of adipocytes.	<b>Dr. Praveen Sharma</b>
<b>10.30-10.45</b>	Molecular genetics of adiposeness	<b>Dr. Kuldeep Singh</b>
<b>10.45-11.00</b>	<b>TEA</b>	
<b>Consequences of Obesity</b>		
11.00-11.25	Pediatrics obesity: Long term health consequences	<b>Dr. Kuldeep Singh</b>
11.30-11.55	Metabolic syndrome: Concept and controversies	<b>Dr. Praveen Sharma</b>
12.00-12.25	Cardiovascular risk and Metabolic Syndrome	<b>Dr. Vineet K Jain</b>
<b>12.30-01.00</b>	<b>Interactive Session: Panel speakers &amp; participants</b>	
<b>01.00-01.30</b>	<b>LUNCH</b>	
<b>Prevention and Management of Obesity</b>		
<b>01.30-01.50</b>	Lifestyle choices in prevention of obesity	<b>Dr. Pankaja R Raghav</b>
<b>01.55-02.20</b>	Medical Management of Obesity	<b>Dr Naveen Kishoria</b>
<b>02.25-02.50</b>	Psycho-social management of Obesity disorders	<b>Dr. R K Chadda</b>
<b>02.55-03.15</b>	Bariatric surgery: Current status	<b>Dr. Divakar Bansal</b>
<b>03.15-3.30</b>	<b>Interactive Session: Panel speakers &amp; participants</b>	
<b>03.30-03.45</b>	<b>TEA</b>	
<b>03.45-04.10</b>	Anthropometric assessment of nutritional status in dual nutrition burden era	<b>Dr Prema Ramachandran</b>
<b>04.15-05.00</b>	<b>Problem solving session: Meet the Experts</b>	<b>Experts</b>
	Problem Trigger I: Polycystic Ovary Syndrome (PCOS)	<b>Dr Mahendra Singh</b>
	Problem Trigger II: Non-alcohol Fatty Liver Disease (NAFLD)	<b>Dr Narendra Bhargava</b>
<b>05.00-05.30</b>	Post-test assessment	
<b>05.30-05.45</b>	Symposium Evaluation	
<b>06.00</b>	Concluding Session	